

# Lesson Blueprints: What is SEL?

## Lesson Title: SEL Lessons Overview

### Grade Level: Elementary School

There are five lessons in this section, one for each of the Core Components of SEL. The lessons are identical in procedure, and each features a chart that breaks down the wording of the focus core competency into manageable chunks.

Teachers should determine how students will present their findings. Some ideas include:

- Journal entries
- Creative writing activities
- Oral presentations
- Posters (consider handmade posters with paper and art supplies as well as digital posters)
- Puppet shows
- Skits
- Friendly letters to someone about their studies

#### Notes

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