

Lesson Blueprints: Writing Prompts for SEL Topics

Category: Self-Awareness

Grade Level: Elementary School

Introduction

The following questions are designed to prompt students to write responses relating to the SEL core component of self-awareness. Rubrics for narrative, opinion/argument, and informative/explanatory writing can be found under writing projects.

- What is something you like about yourself?
- What is something you dislike about yourself?
- What is something you do well?
- What is something you are hopeful about?
- What is something that you are pessimistic about?
- What scares you?
- What is funny to you? What makes you laugh?
- How do you feel when you do something wrong?
- When I grow up, I want to _____ because _____
- Tell about a time you were frightened/embarrassed/hurt.
- Tell about a time you were proud or silly or successful.
- How do you deal with disappointment or losing or failure?
- How do you celebrate success?
- How are you different now than you were in kindergarten?
- What is your favorite game? Why?
- What is your favorite activity or hobby? How did you get interested in it and how did you learn how to do it?
- Describe your favorite song or piece of music or sport or physical activity.
- If you could have any super power, what would it be and why?
- What is your most precious sense? Why?

Notes
